

Raptor Staff



Mark and Cookie Mitchell have put together a wonderfully diverse group of coaches with a range of experience from collegiate players and coaches, high school coaches, youth coaches/directors, middle school coaches, recreation coaches and officials. All of the coaches have a passion for working with youth on all levels and the desire to help them achieve their goals both athletically and personally. It is the goal of the staff to give back to the communities in which they live.

Coach Cookie



Head Coach 17's

Cookie Mitchell is a Tampa native and has been involved in sports all of her life. She attended Spencer Memorial Baptist School (now Tampa Bay Christian Academy) where she was the only Elementary School aged student playing on the Middle School teams. In Middle School she played all sports and during her 8th Grade year served as Team Captain on every squad. She was awarded Fellowship of Christian Athlete's Athlete of the Year, RAM of the Year, MVP for Volleyball, Basketball and Cheerleading, All Tournament Team in Cheerleading and her Basketball team won their district's Championship. Cookie attended Tampa Preparatory for high school where she played Volleyball, Basketball and ran Track. She was on the 1985 State Final Four Basketball team. She was also a member of the 1985 & 1986 1A State Championship team and qualified for the Track District Meet in Hurdles & the 4 x 100 Relay. Cookie was also a member of the Robinson Teen Board modeling troupe and won 2nd Runner Up in the Miss Teenage Tampa Pageant in 1986 along with winning numerous dance competitions. In college she switched gears and competed in Bodybuilding while also participating in Intramural sports. She took 2nd Place in the Space Coast Bodybuilding contest in the Junior Division and won 1st Place in the Brandon Bodybuilding Championships in the Teenage Division. It is no surprise that Cookie has continued her involvement with sports in her adult life as well as serving on PTA and SAC at her children's school along with serving on the Board in 2008 - 2010 for the Ophelia Project of Tampa Bay's Boy's Initiative. Cookie has a Bachelor of Arts in Art from Florida State University and is working towards her graduate degree.

Coaching Experience

- Girl's Basketball - Temple Terrace Recreation Center (all ages) 2002 - 2008
- Boy's Basketball - Temple Terrace Recreation Center (all ages) 2003 - 2010

- Girl's Volleyball – Temple Terrace Recreation Center (all ages) 2004 – current
- Girl's Volleyball – Williams IB Middle School – Spring 2009/2010 (Asst. Coach)
- Head Coach Varsity Volleyball – Alonso High School – Fall 2009
- **Head Coach Varsity Volleyball – King High School – Fall 2010**
- **Tampa Bay Raptors – Club Volleyball (Director & Head Coach 17's)**

Coach Mark



Head Coach 13's

Mark Mitchell is a Tampa native and although he was not an athlete, has always been involved with physical activity. He attended Lincoln High School in Tallahassee where he was a member of the Marching Trojans playing the Trumpet & Tuba. He was also a member of the Symphonic Band and Orchestra where he played the Trombone and Tuba. After graduation in 1985, Mark enlisted in the USMC Reserves. When he returned from boot camp he became a member of the FAMU Marching 100 and Kappa Kappa Psi Professional Music Fraternity. Mark played the Baritone “B-Tone Express” until being needed on the Tubas “White Whales”. During his time in “The Hundred” numerous national awards were won holding up the tradition of the FAMU Marching 100 being the best marching band in the nation. He also traveled to Paris, France with the band to help celebrate their national anniversary. In November of 1990 Mark was deployed to Saudi Arabia for “Operation Desert Storm” as part of the Gulf War. Since becoming a father and being married to a sports fanatic, Mark has been pulled into the world of coaching and has developed a passion for working with youth.

Coaching Experience

- Boy's Basketball – Temple Terrace Recreation Center (all ages) 2005 – current
- Girl's Basketball – Temple Terrace Recreation Center (all ages) 2005 – 2008
- Girl's Basketball – Williams IB Middle School – Fall 2006 & 2008 (Head Coach)
- Boy's Basketball – Williams IB Middle School – Fall 2007 (Asst. Coach)
- Girl's Volleyball – Williams IB Middle School – Spring 2009 (Asst. Coach)
- Girl's Volleyball – Temple Terrace Recreation Center (all ages) 2008 – Current
- Head Coach JV Volleyball – Alonso High School – Fall 2009
- **Head Coach JV Volleyball – King High School – Fall 2010**
- **Temple Terrace Raptors – Club Volleyball 2009 - Current (Asst. Director & Head Coach 13's)**

Coach Kesha



Head Coach 18's

Kesha has 7 years experience coaching at the Temple Terrace Recreation Center where most of the athletes coached currently play in Middle School, High School and Club teams. Many of them played on their varsity teams as Freshmen. She also served at the assistant volleyball coach at Greco Middle School in 2009. She has also played in the Adult League at the Temple Terrace Recreation Center and was a track runner both in High School and College. Her coaching philosophy is "Coach To Win". Keisha has a BS Degree in Business Management and is currently seeking her MB.

Coach Megan



Asst. Coach

Megan Hawk graduated from Lemon Bay High School in 2008, Englewood, FL. She's been playing volleyball since she was fourteen and coaching since she was sixteen. Megan played for her high school volleyball team for three years and in between seasons played club ball for Manatee Area Volleyball. In 2004, she was invited to play in Amsterdam, Holland at the 2004 People to People Sports Ambassador games. Throughout her six years of coaching, she's worked with every age group from elementary school to high school. Her main focus has been on the middle school age group. She coached at her local middle school for two years with her JV coach and coached many mini leagues at the local YMCA. After high school, Megan moved to Tampa to attend the University of Tampa. After a year at UT, she found her passion and is now entering her second year at the Art Institute of Tampa pursuing a Bachelors of Arts in Culinary Management. Besides volleyball Megan also enjoys horseback riding, reading, and when she can, traveling around the world. After she graduates, she wants to open up her own dog bakery or manage a restaurant all while continuing to coach and play volleyball.

Coach Porsche



Head Coach 16 Pink

Porsche Carlisle is a graduate of Henry Ford High School in Detroit Michigan where she played Volleyball, Basketball and ran Track. She was voted to the All County team for volleyball. Porsche attended Virginia Union University on a volleyball scholarship and played Outside Hitter and Middle during her time there. She was voted All Conference in 2006 and helped her team win 2 Eastern Conference Championships. After graduating in 2007 with a degree in Criminal Justice she remained at Virginia Union as an Assistant Coach for the university's volleyball program. Porsche also helped to conduct volleyball summer camps and clinics working with high school age girls.

Porsche likes working with youth because of the growth that you able to see from start to finish. She feels that youth possess the eagerness in learning that you rarely get to see. She would like to provide knowledge of the game through her own personal experiences as a player and coach.

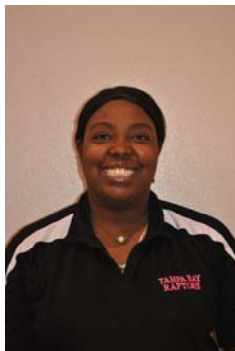
Coach JB



Asst. Coach

J'beria Marece Davis is a native of Clearwater, Florida where she attended Clearwater High and led her team with 52 block, 183 kills and 33 aces as a senior. She was named to Second Team All-County. She played club volleyball for Gulf Coast Juniors and Tampa United. J'beria also excelled in Basketball. She attended and played volleyball for Hillsborough Community College. Her team ended season ranked seventh in the nation and earned First-Team All-Conference honors. She was named to Pensacola Junior College Classic All-Tournament team and garnered a spot on the Miami Dade College Invitational All-Tournament team. J'beria was also named to FCCA All-Academic Team.

Coach ShaMika



Head Coach 16 Black

Sha Mika began playing volleyball competitively when she was 8 yrs old and fell in love with the game. As she grew, so did her passion for the sport. She continued to play on school, county league, club and college sponsored camp teams until her graduation from high school. As a high school junior and senior, Sha Mika's sportsmanship and skills earned the respect needed from her teammates to be voted captain of her team both years. During her 12th grade year, she accepted a full scholarship to play volleyball for NCAA Division I school, Mississippi Valley State University. After 2 years in the SWAC, Sha Mika accepted a scholarship to play volleyball for Queens University in Charlotte. On each of her teams Sha Mika has been known as a utility player; excelling as a right-side hitter, back-up setter and defensive specialist. Sha Mika was also known as the most consistent server on each of her teams and was called upon by her coaches to aid in the improvement of her teammates serving form and execution.

Coach Keisha

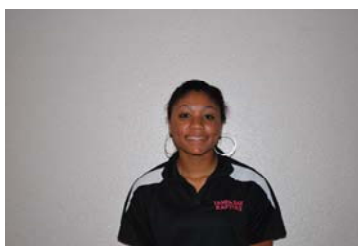


Head Coach 15's

Keisha Plowden is the current Head Varsity Volleyball Coach at Blake High School. She grew up in New York where her Volleyball team won two city championships at Franklin D. Roosevelt High School. She attended St. Francis College in Brooklyn, New York on a Softball scholarship. Keisha also attended CUNY Hunter College where she won and held the records as the NCAA Softball Div 3 "Stolen Base Leader" in 1993 & 1995. Keisha has coached volleyball for girls ages 12 - 14 both in Texas as well as at Dowdell Middle School here in the Hillsborough County School System. Her Texas team, the Brenham Cubettes, took first place in their division and have a tradition of winning the championship. Keisha has a major in Education and

graduated with honors as a member of Kappa Delta Phi; Educational Honor Society Sorority. She currently teaches Keisha is very excited to be joining the Raptors and can't wait for the season to get started.

Coach Erika



Asst. Coach

Erika DeVaughn played three year starter at Wolfson High School where she was named team captain senior year...Played club for Jacksonville Juniors Volleyball Association...2008 USA Junior Nationals Florida Region All-State High School team...Member of the newspaper staff and senior sports editor of the yearbook...Was a member of the National Honor Society...Won the 2008 UNF Multicultural Academic Excellence Award. Erika currently plays for USF as an outside hitter.

Coach Liz



Head Coach 14's

Elizabeth grew up in Shreveport, LA where she played volleyball, softball and was a competitive swimmer at C.E. Byrd High School. She served 4 years in the U.S. Army playing volleyball in adult leagues with her unit and intramural volleyball at the base gym wherever she was stationed. At Tampa Baptist Academy she was Middle School volleyball coach and Girls Varsity softball coach in 2003 and 2004. Elizabeth was assistant volleyball coach at Leto High School from 2005 to 2008. In 2009 and 2010 Elizabeth was the volleyball coach at the Without Walls International Church youth sports program. Elizabeth has been involved in sports her entire life and is highly competitive. She is very active in her church and community and believes that everyone has the potential to be great at something.

Coach Tycie



Asst. Coach

Tycie Watkins has a combined 20 years of leadership, advisory and coaching experience with kids of all age groups and backgrounds. She has served as an active member and President of Board of Directors for a non-profit organization since 1997. As a mentor she has donated time, knowledge and financial support to assist in the betterment for at risk kids through this organization. As a corporate leader and coach for the teen and sports ministry at her church it has afforded her the opportunity to extend her coaching experience to the next level. She has had a strong passion for volleyball since the first time she played at 10 years of age. At Horace Mann Jr. High she proved not only to be a good player but also good leader and was chosen team captain for the volleyball team. She attended volleyball camp at Stetson University multiple summers there she was chosen MVP in her age group. At Brandon Senior High she was one of two freshmen selected to start on the varsity squad. That year Brandon Senior High women's volleyball team won 1984-85 State's Championship. After high school she attended college in Atlanta, Georgia where she played for Morris Brown College. Tycie is committed to instilling the value of hard work and integrity both on the court and off the court.

Coach Sejla (Shayla)



Head Coach 11U

Sejla Sutkoviic was born in Bosnia and Herzegovina, Jan,9 1983. She came to the USA in 1998 when her family fled the war. [Sejla](#) played volleyball and basketball in high school and for volleyball was named [player](#) with the most heart and most valuable player. She also won the basketball Regional Championship MVP award. Sejla was awarded a scholarship to go to [NCAA division II WVU TECH \(WV\)](#) to play basketball and volleyball. She was team captain for [Basketball](#) and Volleyball and won the Most Valuable Player award. Sejla also played soccer and tennis in college and graduated with GPA 3.5. She also coached middle school basketball while also performing team manager duties. As Sejla served as a mentor to 10 - 15 students, the team had it's best winning record that year. She looks forward to working with the Raptors to

mentor young girls and lead them in a victorious season. Sejla has a Bachelor of Science in Physical Education and a Minor in Athletic Coaching Education.